



MEDIA RELEASE

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The Cabin Sydney – the First Multinational Addiction Treatment Provider to Offer Services in Australia

Come July 1st 2015, Sydneysiders suffering from addiction can avail themselves of top quality treatment at [The Cabin Sydney](#). The outpatient clinic is an affiliate of the highly successful residential addiction treatment facility The Cabin Chiang Mai in Thailand. It is also part of The Cabin Addiction Services Group, the first multinational addiction treatment provider to enter New South Wales and the Australian market and bring with it the latest in proven, effective and holistic addiction treatment.

Offering an intensive outpatient programme for the treatment of both substance and process (gambling, sex and internet) addictions, the centre fills a growing demand for effective professional treatment for functioning individuals suffering from addiction who cannot take months out of their busy schedules to enter a residential rehab.

The Cabin Sydney, which is strategically located near the CBD at Edgecliff, provides a range of addiction treatment services with flexible scheduling to cater especially to clients with demanding work and personal obligations.

For instance, The Cabin's core [Recovery Zones Programme](#) is available on both weekday afternoons and evenings. This allows clients to go about their jobs and other duties as normal during the day/evening, and come in for treatment in their free time.

Recovery Zones is an intensive outpatient addiction treatment programme that lasts from six to 12 weeks. Over the course of the programmes clients develop the skills needed to identify their using "triggers" and learn strategies to overcome them.

The programme utilises The Cabin's unique research-based *Recovery Zones* treatment model – a combination of the best known addiction treatment methods – namely Cognitive Behavioural Therapy (CBT), 12 Steps and Mindfulness Meditation – which have been fine-tuned and integrated to combat addiction even more effectively.

Apart from the *Recovery Zones Programmes*, the centre also offers private addiction counselling, a family programme, aftercare as well as psychiatric assessment & medication review. These treatment services can, of course, be scheduled to suit the client. And last but not least, Sydney clients are eligible for fast-tracked access to The Cabin Chiang Mai, if need be.

To find out more about us, please visit www.thecabinsydney.com.au

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*For more information please contact The Cabin Chiang Mai or their PR representative **Edelman Healthcare** at:*



The Cabin Chiang Mai

Reeya Chaicharas, PR Manager

+66 (0) 82 893 8580, reeya@thecabinchiangmai.com

Edelman Healthcare

Smitha Ramamurthy, Senior Account Executive

+61 (0) 2 9291 3348, Smitha.ramamurthy@edelman.com

About The Cabin Sydney

The Cabin Sydney is a specialist outpatient addiction treatment centre that treats both substance and process addictions. Its gold standard treatment programme uses a model called Recovery Zones, which combines the best evidence-based addiction treatment methods into an innovative yet highly effective recovery programme. Located conveniently near the CBD in Edgecliff, The Cabin Sydney also offers a range of other treatment options to match the work and lifestyle commitments of its clients.

The Recovery Zones six and 12 week programmes cost AUS\$6,000 and AUS\$10,000 respectively. The Cabin Sydney is part of The Cabin Addiction Services Group – a world-leading private addiction treatment provider with inpatient and outpatient centres in Asia, Australia and Europe.